



Cumberland County Sheriff's "5-K FUGITIVE RUN"



Saturday, August 29, 2009
9:00a.m. RAIN OR SHINE
@ Gorham Municipal Center
Race-day Registration 7:30-8:30am

- 5-K measured course
- T-shirts to first 150 registrants
- Civilian & Public Safety categories
- One water stop on course
- Walkers & Strollers welcomed
- Post-race refreshments
- Results & awards presentation following the race
- Race timing provided by 5K Sports Race Management



- 3 Awards in each category**
- * First male & female finisher
 - Civilian & Public Safety
 - 14 & under 15-19
 - 20-29 30-39
 - 40-49 50-59
 - 60-69 70+
 - "Sheriff's Cup" presented to public safety agency with best cumulative time (3 runner min.)

\$15.00 registration fee if registered by August 27, 2009
\$20.00 entry fee after 8/27/09 – mail to 36 County Way, Portland, Maine 04102 Attn: Lt. Foss
Make checks payable to – CCSO 5K Fugitive Run
Proceeds to benefit Sexual Assault Response Services of Southern Maine

Registration Form for Cumberland County Sheriff's "5-K FUGITIVE RUN"

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

Circle one: CIVILIAN or PUBLIC SAFETY (name of agency): _____

T-Shirt size: S M L XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and road conditions, all such risks known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Cumberland County Sheriff's Office and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature: _____ Date: _____
 (parent signature required if participant is under 18 years old)

REGISTER ON-LINE BY VISITING
https://www.active.com/event_detail.cfm?event_id=1766217
 For more info: WWW.CUMBERLANDSO.ORG/5K.HTM